



Dialysis Clinic

Skill Area:

Medical Nutrition Therapy

Competencies: DI 2.4, DI 2.7, DI 3.1, DI 3.1a, DI 3.1b, DI 3.1c, DI 3.1d, DI 4.11, DI 4.12, HD 3

Intern Duties:

- Create educational materials for potassium and phosphorus containing foods during the holidays
- Create bulletin board on popular snack foods containing potassium and phosphorus
- Initial nutrition assessments and nutrition follow-ups
- Review progress reports on blood-nutrient levels with patients

Rotation Reflection:

This rotation allowed me to work with five renal dietitians at different locations within Fresno County. The majority of my time was spent within small hemodialysis clinics, caring for 25-50 patients daily. Working in these clinics gave me an opportunity to become well acquainted with nursing staff and allow me to ask questions in order to learn about common equipment and medications used with their patients. In addition, I was given the opportunity to shadow a dietitian who works primarily with peritoneal dialysis patients, giving me a great opportunity to learn about the different procedures and equipment for home dialysis.